


# Fresh and crunchy salads

-  **Ensalada de Casa** Fr. 23.90  
house salad served with grilled beef and fried pineapple  
and herb-garlic-baguette
-  **Ensalada de Fajitas** Fr. 23.90  
Cucaracha's beef and chicken fajitas meat on colorful seasonal  
leaf salads with our house dressing  
served with a quesadilla (grilled wheat tortilla filled with red  
onions and cheese)
- Summer salad Martinshof** Fr. 24.50  
Green salad with melon, avocado and fried king prawn's  
served with balsamic dressing.
-  **Sticky Finger's salad** Fr. 24.50  
baked chicken breasts stripes with salad and a balsamico dressing
-  **Fisherman salad** Fr. 24.50  
mixed salad with deep-fried fish (cod/merlan)  
served with tartar sauce
- Fireman salad** Fr. 19.90  
sliced boiled beef garnished with different salads
-  **Greek salad** Fr. 19.90  
salad with tomatoes, bell peppers, cucumbers, olives and feta cheese
- "Schwinger"-salad** Fr. 19.90  
Salad with pasta, ham, onions, garlic, Appenzeller cheese, cucumbers and  
tomatoes

 We offer a small portion of this dishes for CHF 4.00 less.

## Steaks


<b>Mixed grill</b> (180g) pork fillet, beef, veal, chicken and beaon	Fr. 31.50
<b>Beef sirloin steak</b> (200g) with herbal salt	Fr. 37.30

served with:

- one baked potato and sour cream or potato wedges
- salad and corncob
- barbecue sauce and homemade herb butter

## Sommer specials

<b>Angus Beef Burger</b> (150g) with a brioche bun, house sauce, tomato, onions and cucumber, served with potato wedges and cole slaw	Fr. 23.50
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 <b>Roastbeef with tartar sauce</b> served with various salads or French fries	Fr. 29.50
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## Fitness plate



Pork steak (160g)	Fr. 27.40
Chicken breast (160g)	Fr. 27.40
Rump steak (160g)	Fr. 33.40
Veal escalope(150g)	Fr. 33.40
Red snapper	Fr. 33.40

All fitness plates are garnished with various salads.  
Choose your dressing: french, italian, balsamic or house dressing



## Starters

Green salad	Fr. 9.20
Mixed salad	Fr. 10.20
Choose your favorite dressing: French, Italian, balsamico or house dressing	
Rucola salad with parmesan cheese and balsam vinegar	Fr. 13.20
Tomato-mozzarella-salad with fresh basil	Fr. 13.20
Gazpacho	Fr. 9.50
Solothurn wine soup	Fr. 10.50
Carpaccio (very thin sliced raw beef with herb marinade, Parmesan and olive oil) with pine nuts	Fr. 19.20
Beefsteak tartar (70g) your choice with cognac, medium or spicy served with toast and butter	Fr. 20.20

## Vegetarian

 Colorful assorted vegetable plate with one baked potato and sour cream	Fr. 24.20
 Falafel with sweet chili sauce with vegetables	Fr. 24.20
Vegetables wrap (slightly spicy) on rucola served with avocado cream	Fr. 25.20

## Fish

 Perch in beer batter with tartar sauce served with boiled potatoes and seasonal vegetables	Fr. 33.20
 Red snapper and two jumbo shrimps on their sauce with rice and vegetables	Fr. 34.80

All prices are including 8.1% VAT

# Evergreens

🌀	Chicken breast served on ratatouille with roasted potatoes	160g	Fr. 31.20
	Veal liver with herbs and Marsala sauce served with fried grated potatoes	180g	Fr. 30.20
	Sliced veal with mushrooms in a creamy sauce served with fried grated potatoes	140g	Fr. 35.20
🌀	Pork fillet medallions with a herb crust served with noodles and vegetables	160g	Fr. 37.20
	Bread crusted pork escalope served with French fries and vegetables	140g	Fr. 28.20
🌀	Pork escalope with a cream sauce served with noodles and vegetables	140g	Fr. 28.20
	Bread crusted pork escalope (cordon bleu) filled with ham and cheese served with French fries and mixed vegetables	180g	Fr. 33.20

🌀 We offer a small portion of this dishes for CHF 4.00 less.

If you have questions about allergens or food intolerances,  
ask our staff for help.

# Pizze

<b>Margherita</b> tomatoes, mozzarella	Fr. 18.20
<b>Prosciutto</b> tomatoes, mozzarella, ham	Fr. 19.20
<b>Capricciosa</b> tomatoes, mozzarella, ham, mushrooms	Fr. 19.20
<b>Gitana</b> tomatoes, mozzarella, bell peppers, mushrooms, olives and onion	Fr. 20.20
<b>alla Svizzera</b> tomatoes, mozzarella, gruyere cheese, bacon, onions and garlic	Fr. 20.20
<b>Quattro stagioni</b> tomatoes, mozzarella, ham, salami, artichokes, champignons and olives	Fr. 20.20
<b>Calabrese</b> tomatoes, buffalo-mozzarella and spicy salami	Fr. 19.20
<b>Tonno</b> tomatoes, mozzarella, tuna, capers and onions	Fr. 20.20
<b>Amorosa</b> tomatoes, buffalo-mozzarella, fresh mushrooms and dried ham	Fr. 20.20
<b>Tricolore</b> tomatoes, mozzarella, cherry tomatoes, rocket salad and Parmesan cheese flakes	Fr. 19.20
<b>Mafiosa</b> Tomatoes, mozzarella, salami, anchovies, garlic, capers and bell peppers	Fr. 21.20
<b>Al Capone</b> Tomatoes, mozzarella, spicy salami, ham, bell peppers, onions and egg	Fr. 21.20
<b>Mangiafuoco</b> Tomatoes, mozzarella, spicy salami, bell peppers, chili, onion and garlic	Fr. 21.20
<b>Mexicana</b> tomatoes, mozzarella, beef and chicken breast strips, bell pepers and onions	Fr. 22.20

## Spezial Pizze

<b>La Cucina</b> Buffalo-mozzarella, Parma ham, garden rocket salad	Fr. 22.20
<b>Frutti di mare</b> tomatoes, mozzarella, seafood	Fr. 22.20
<b>Calzone</b> filled with ham, mushrooms, tomatoes, mozzarella and egg	Fr. 22.20

Small Pizzas for CHF 4.00 less

# Small menu

(11.30 bis 22.30 Uhr)

<b>Snacks</b>	1/2	1/1
Chicken wings with barbecue sauce		17.30
Toast Hawaii with turkey-ham, pineapple and gratinated with cheese		16.30
Höflitoast with pork escalope, bacon, tomato and gratinated with cheese		20.30
“Afternoon plate” (with dried beef, bacon, ham, cheese and cold cuts)		23.30
Portion of French fries		8.90
Beefsteak tatar (70g / 140g) your choice with cognac, medium or spicy, served with toast and butter	20.20	28.30
<b>Salads</b>		
Salad plate		16.20
Sausage salad / tuna salad		13.30
Sausage salad / tuna salad with a variation of different salads		19.30
Sausage-cheese-salad		15.30
Sausage-cheese-salad with a variation of different salads		20.30
<b>Sandwiches and Canapés</b>		
Sandwiches: ham / salami / cheese or mixed		6.50
Canapés: cheese / ham / egg / asparagus / tuna / salami		6.90
Canapés: parma ham / tatar		8.90
<b>Fitness plate</b>		
Pork steak / chicken breast served with a variation of salads		27.40
Rump roast steak served with a variation of salads		33.40
<b>Evergreens</b>		
Bread crusted pork escalope with French fries and vegetables		28.20
Pork escalope with a cream sauce and home-made noodles		28.20
“Entlebuecher Roesti” (roesti potatoes with ham, cheese, tomato and a fried egg)	16.20	20.20
Spaghetti Bolognese	16.20	20.20

*All Pizzas (without Special Pizzas) are also available.*